

CAMP INDI
ADVENTURES

॥ कैलाश मानसरोवर यात्रा ॥



॥ ॐ नमः शिवाय ॥

आत्मा से परमात्मा तक की यात्रा

कैलाश मानसरोवर यात्रा : एक परिचय



मानसखंड स्थित कैलाश पर्वत को भगवान शिव का महासिंहासन माना जाता है। कहते हैं कि कुबेर ने इसी स्थान पर कठिन तपस्या की थी, जिससे प्रसन्न होकर भगवान शिव ने कैलाश को अपना निवास स्थान बनाया तथा कुबेर को अपना सखा अपने का वरदान दिया था। शास्त्रों के अनुसार इसी स्थान को धरती का स्वर्ग एवं कुबेर की अल्कापुरी की संज्ञा दी गई है। हिमालय के पर्वतीय तीर्थों की यात्राओं में कैलाश मानसरोवर की यात्रा सबसे कठिन है। समुद्र तल से 22027 फीट की ऊंचाई पर स्थित कैलाश पर्वत की बाहरी पैदल परिक्रमा लगभग 48 कि.मी. की है। उक्त यात्रा में हम नेपाल की राजधानी काठमाण्डू अथवा लखनऊ से नेपालगंज व सिमिकोट होते हुए तिब्बत में प्रवेश करते हैं। वर्तमान में तिब्बत/चीन में सुदृढ़ सड़क मार्ग एवं विकसित तकनीकी सेवाओं के कारण यात्रा सुगम व यात्रा अवधि कम हो गई है। कैलाश मानसरोवर की यात्रा करते समय यात्री लगभग 6 से 8 दिन तक तिब्बत में रहता है। समस्त हिम शिखरों से भिन्न, दिव्य कैलाश प्रकृति की अनुपम कृति है। ठोस काले कसौटी पत्थर के इस चट्टानी पर्वत की आकृति विराट शिवलिंग जैसी है। हिंदू श्रद्धालुओं के लिए यह एक पौराणिक सुमेरु पर्वत का रूपान्तरण है। वे इसे भू-नाभि मानते हैं और ब्रह्मांड के केंद्र में स्थित इस महान पर्वत के चारों ओर ही सारी सृष्टि के घूमने की बात स्वीकारते हैं। उल्लेखनीय है की प्रकृति के इस अद्भुत स्थान में किसी भी देवी - देवता की कोई मूर्ति अथवा मंदिर नहीं है।

कैंप इंडिया एडवेंचर्स

कैंप इंडिया एडवेंचर्स एक वैकल्पिक जीवनशैली ट्रेडमार्क है जो आपको अपनी सीमाओं को आगे बढ़ाने और जीवन के प्रति अपने उत्साह को पुनर्जीवित करने का अवसर देता है। इसका सबसे अच्छा साहसिक खेल अनुभव प्रदान करने का बेदाग ट्रैक रिकॉर्ड है, हम आपको सड़क पर कम यात्रा करने, कुछ असाधारण करने और अपने आराम क्षेत्र से बाहर निकलने के लिए प्रोत्साहित करते हैं। कैंप इंडिया एडवेंचर्स पिछले कई वर्षों से कैलाश मानसरोवर यात्रा का आयोजन कर रहा है और इसका 100% सुरक्षित और सफल ट्रैक रिकॉर्ड है।

हम सुरक्षित हैं

हमारे पास उच्च स्तरीय उपकरण, अनुभवी और योग्य कर्मचारी और अन्य आवश्यक सुरक्षा उपकरणों के साथ 100% सुरक्षा रिकॉर्ड है।



KAILASH MANSAROVAR HELICOPTER YATRA (10 DAYS)

LUCKNOW — NEPALGANJ — SIMIKOT — HILSA — TAKLAKOT — KAILASH

DAY 1

- Flight to Lucknow.
- Pickup from Lucknow and arrival at Nepalgunj.
- Briefing and Preparation.
- Meals: Lunch & Dinner.
- Room: Double sharing room.



DAY 2

FLY TO SIMIKOT

(Altitude (3000 Mtrs.) 55 mins. Flight- by schedule)

- Early morning breakfast and transfer to Nepalgunj airport.
- Flight to Simikot check in to guest house/homestay.
- Meals: Lunch, Dinner, Breakfast.
- Room: triple sharing room.

DAY 3

SIMIKOT TO HILSA

- Early morning breakfast and transfer to helipad.
- Flight of 25 mins. to Hilsa there take some more time to exit from Nepal & Check in to China and complete its formalities.
- Meet Tibetan guide & get in the Chinese bus drive to Taklakot.
- Custom & immigration process clear the custom
- Check in the hotel.
- Meals: Breakfast, Lunch, Soup, tea coffee and cookies, Dinner.
- Room: Triple sharing.

DAY 4

REST DAY (FOR BODY ACCLIMATIZATION)

- Various preparations and briefings.
- Meals: Breakfast, Lunch, Tea coffee cookies, Soup & Dinner
- Room: Triple sharing

KAILASH MANSAROVAR HELICOPTER YATRA (10 DAYS)

LUCKNOW — NEPALGANJ — SIMIKOT — HILSA — TAKLAKOT — KAILASH

DAY 5

DRIVE TO MANSAROVAR (ALTITUDE 4550M-90KMS)

- Breakfast at hotel and drive onwards.
- This day is most important because this day yatries get the Darshan of Mt.Kailash and the lake of Mansarovar and continue Parikrama of holy lake Mansarovar by bus of 90 Kms.
- Enroute yatries can see Gurumandala (the Birth place of Kartikeya {Murgen}) pass Rakshasa taal (Rawan Sarovar).
- End of parikrama overnight stay at bank of lake.
- Meals: Breakfast, Lunch, tea, coffee, soup & Dinner

DAY 6

TREK TO DIRAPUK (ALTITUDE 4860, 13KM TREK)

- Early morning wake up and beginning Pooja, Hawan then drive to Yamadwar.
- Now start Kailash parikrama (Kora/parikrama) it takes three days (42 kms.) trek (highest altitude 5600Mtrs.-Dolma la).
- The Pilgrims who decides against going on the Kailash Parikrama will return back to Darchen.
- Yatries who booked horse & porter should be leave only after identifying their horse & porter.
- Meals: Breakfast, Packed Lunch, Tea/coffees, soup and Dinner
- Room: Sharing room/dormitory

DAY 7

TREK TO ZUTHULPUK

(Altitude 4760 Mtrs. 22 Kms. trek approx 11 hrs.)

- Early morning wake up have breakfast at same time chance to see golden view of Mt. Kailash.
- Then continue trek to Zuthulpuk, passing of Dolma la (Gauri Parbat) to see Gauri Kund.
- Arrival to Zuthulpuk.
- Meals: Breakfast, Packed Lunch, Tea coffee with cookies, Soup, Dinner

KAILASH MANSAROVAR HELICOPTER YATRA (10 DAYS)

LUCKNOW — NEPALGANJ — SIMIKOT — HILSA — TAKLAKOT — KAILASH

DAY 8

TREK TO DARCHEN AND DRIVE TO TAKLAKOT

- Early morning finish the breakfast and continue the complete kora of Mt. Kailash reaching Zhophe.
- At this place vehicles will be waiting for the Yatries.
- Get in bus to Darchen and gather complete team of Yatries then continue drive to Taklakot.
- Meals: Breakfast, Lunch, Tea/ coffee with cookies and Soup, Dinner.
- Room: triple sharing.

DAY 9

- Breakfast at Guest house.
- Walk to the Helipad to fly to Simikot and if weather not supports, we will stay at Hilsa.
- Meals: Breakfast, Lunch and Dinner

DAY 10

FLY BACK TO NEPALGUNJ

- Breakfast at guesthouse and transfer to helipad.
- Fly back Simikot by helicopter and if weather is good fly back Nepalgunj.
- Drive from Nepalgunj to Lucknow
- Meals: Breakfast, Lunch





COST INCLUDES

- All Airport taxes and airport transfers in Nepalgunj.
- 3 star accommodations with all meals on twin sharing basis at Nepalgunj.
- Assistance Tibet Travel Permit, custom clearance, visa, Registration Fees, Road Permit and maintenance fees.
- Trucks to carry equipments and supply.
- Tibet Transportation by bus.
- Guest house/ Homestay/Dormitory in Tibet.
- Yaks to carry baggage where vehicle is barred.
- Technical Staff and service Staff with fresh and hygienic (Vegetarian) Meals.
- Gammov Bag / High altitude chamber bag for immediate medical evacuation/oxygen cylinder.

COST EXCLUDES

- Individual Medical Check up and certification.
- Over weight baggage charges during flights and helicopters.
- Travel and personal insurance.
- Personal gears and clothing.
- Personal nature expenses.
- Personal Satellite calls / Telephonic calls.
- Emergency evacuation.
- Personal Yaks or Horses during parikrama.
- Hotels instead of Tented accommodation.
- Single supplement cost.
- Puja Samagri.

BANK DETAILS

CAMP INDIA ADVENTURES PVT. LTD.

Bank Name : HDFC Bank
Branch Address : Bapu Nagar, Jaipur
Account No. : 50200003585560
IFSC Code : HDFC0002838



LIST OF ITEMS TO BE BROUGHT

1	Trek Suit /Salwar Suit	14	Feather Jacket
2	Snow Goggles	15	Personal Medical Kit
3	Sun Hat	16	Torch with extra cells
4	Trekking Shoes/Sports Shoes	17	Hot Water Bag
5	Slippers	18	Wrist watch
6	Cotton Socks (3-4 Pairs)	19	Passport Size Photos (2)
7	Woolen Socks (3 Pairs)	20	Valid ID Proof (Voter ID)
8	Rain Coat	21	Pad Lock
9	Warm Jacket	22	Personal Pooja Samagri
10	Woolen Pullover	23	Sunscreen Lotion
11	Thermal Inners (2-3 pairs)	24	Toiletries (Soap, oil, shampoo, cream, Tooth Brush, Tooth Paste, Comb etc.)
12	Woolen/Monkey Cap		

THE PAYMENT POLICY :

- Payment to be made in favour of CAMP INDIA ADVENTURES Pvt. Ltd.
- Non-refundable booking amount of rupees 25,000/- per person.
- Full tour cost payment: 60 days in advance.

THE BOOKING POLICY :

- Duly filled booking form to be submitted ASAP and not later than 3 months in advance of provisional tour date.
- 6 months valid passport from date of journey.
- 4 Recent passport size photographs.
- Photocopy of Valid ID Proof.

THE CANCELLATION POLICY :

- Non-refundable booking amount of rupees 25,000/-.
- 50% of balance amount shall be refundable incase cancellation intimation is received 45 days prior to departure.
- No refund if cancellation intimation is received 30 days prior to departure.

TO NOTE :

- A medical certificate from qualified practitioner along with the booking form is required. However a final call and right to reject the application lies with CAMP INDIA ADVENTURES.
- The Itinerary can change without notice due to unavoidable circumstances beyond control such as political unrest, natural calamities, diseases, change in policy and law matter
- by International authorities. Any route change requested apart from the printed itinerary would attract additional cost.
- Though we take care in providing all comfort and pleasure in the journey yet any upgradation in the facility would be chargeable
- Receiving this brochure does not entitle a confirmation of the trip.
- The cost might change without notice or in case extra facility is required.

CAMP INDIA **ADVENTURES**

CAMP INDIA ADVENTURES PVT. LTD

HEAD OFFICE

CAMP INDIA ADVENTURES

**C-60, OPP. BHAT'S HOSPITAL, BEHIND VIDHAN SABHA ROAD, LAL
KOTHI SCHEME, TONK ROAD, JAIPUR - 302015, RAJASTHAN, INDIA**

CONTACT :

0141- 2742211, (+91) - 8290169700, 9414270511

E-MAIL : campindia1@gmail.com

WEBSITE : www.campindiaadventures.com



// हर हर महादेव शंभू //